

ZFIT WORKPLACE HEALTH & FITNESS

TRACKING DEVICES

OPAL W2



ONYX B2



Save Money

Research shows companies that implement wellness programs are more successful in reducing their employee healthcare costs, lowering absenteeism and improving morale - resulting in increased employee engagement and productivity.

Save your company money.

Companies are spending billions of dollars on disability claims, a majority (90%) of which can be directly tied to a person's Body Mass Index (BMI). The higher an employee falls on the index (the more overweight they are), the higher the cost to the employer. Staff who participate in wellness programs are more likely to maintain a healthy weight, saving employers \$358 per employee per year.

Increase employee morale, loyalty and productivity.

It's been shown that staff who are given flexible healthcare options feel cared about by their employer; they're happier, which means increased engagement and higher morale in the workplace.

61%

of companies found wellness programs keep healthcare costs down

90%

of healthcare expenditures are spent on preventable illnesses

\$3.27

in reduced healthcare costs for every dollar invested

\$350

Healthy employees take fewer sick days, saving companies up to \$350 per employee per work day.

Employees who participate in wellness programs are also reported to take less sick leave than nonparticipants. According to the American Journal of Health Promotion, wellness program participants are less likely to be admitted to a hospital when ill and when they are, they spend less time.

Take advantage of grants and tax incentives.

A portion of what is invested in a wellness program can be deducted as a business expense. Companies are also given government incentives of up to 30% of the cost of an employee's healthcare coverage to reward staff for getting and staying healthy. Companies that offer smoking cessation programs are allowed to offer rewards of up to 50% of the cost of coverage.

According to US Corporate Wellness, employees who participate in wellness programs are two or more times likely to stay at their company than nonparticipants. And with the cost of replacing an employee as high as 60% of the employee's annual salary, wellness plans are the more affordable option.

87%

Attract top talent.

A growing number of job seekers (87%) who use an employer's health and wellness benefits as a determining factor when deciding where to apply. It's been found that employees who work for an organization that offers a wellness plan have higher job satisfaction and are more likely to refer their company to others.

of job seekers use an employer's health and wellness benefits as a determining factor when deciding where to apply.

